

# Norwegian Flyfishers Club A/S

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## Pre-Trip Information

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Dear Salmon Chaser,

We look forward to welcoming you to the Norwegian Flyfishers Club on the Gaula River! This pre-trip information will hopefully answer the majority of your questions regarding your upcoming trip. Please take a moment to read through the information provided in advance of your departure. In addition, you will find information regarding the fishing, accommodation and our operation on our website ([www.nfc-online.com](http://www.nfc-online.com)).

If you have any additional questions please feel free to contact us through the NFC office at the Rogstadmoen Lodge fly shop, or at [info@nfc-online.com](mailto:info@nfc-online.com), or below:

### **Norwegian Flyfishers Club**

#### **Office Norway:**

Phone:

Daniel Stephan +47-9486-9377

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#### **Address:**

Norwegian Flyfishers Club AS

Rørosveien 723

N-7295 Rognes, Norway

63°01'02.2"N 10°23'46.8"E

**NOTE TO GROUP LEADERS:** Please make sure to share this document/information with the rest of your group. It is important that everyone in your group is fully prepared.

# Location & Organization

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## The Gaula

is a rather fast flowing river which runs through unspoiled surroundings starting from the mountains near the Swedish border, just past the historic mining town of Røros, Norway, and enters the sea at the Trondheim Fjord. The Gaula, translated as the “Golden River” because of its ironic golden hue has always been one of the finest and most productive salmon rivers in the world. The Gaula River flows through the Gauldal valley in Sør-Trøndelag County, Norway.

The river valley and its surrounding landscape are both stunning and varied in nature. In the upper part the Gaula valley is quite narrow and mountainous, and the water is shallower with big boulders both on the banks and in the water. In the lower stretches the valley is wider, and the big boulders are replaced by gravel banks. The further down the river you venture the more you feel like you are getting closer to the sea. In the south it starts from the lake Gulhåen at the Rørosvidda. On its 150 km length, it is joined by a number of tributaries, of which the largest are the Bua (joins in Kotsøy) and the Sokna (joins in Støren village) before it runs into the Trondheim fjord.

The Gaula is a river famous for its exceptionally big Atlantic salmon population. The average weight is higher than 5,5kg/ 12 lbs. and the largest fish can exceed the 20kg / 44 lbs. mark. (In 2012 the average weigh for the whole season was almost 20 lbs. per fish!) The Gaula produces some good sea trout as well, but both numbers and size are less significant than the salmon.

### **Location size:**

Catchment area: 3.653 km<sup>2</sup> -River: 150 km, salmon ascend the Gaula approx. 100 km.

### **Distance from Støren (center):**

Oslo: 450 km

Bergen: 610 km

Trondheim: 53 km

Trondheim Airport (Vaernes): 83 km (91 km to the Lodge)

## The NFC Office

The NFC office is based at the NFC Rogstadmoen Lodge, approximately 6 km upstream of Støren, a small town located in the middle reaches of the Gaula, halfway between the Eggafossen waterfall, which marks the highest point in the river where salmon can ascend, and the river mouth. Støren, which is located at the junction of the E6 coming from Oslo and the main road from Sweden, has always been a central point of the fishery and fishing tourism. The main portion of the NFC rotation pools are located in this area. The NFC Office as well as our fly shop and the meeting room are located at the new NFC Rogstadmoen Lodge.

## Sunday Welcome Meeting

We are pleased to invite you all to attend our Sunday welcome meeting and dinner starting at 18.00 hrs. and the general meeting at approx. 18.45 hrs. During the meeting we will explain the lodge and day to day operation as well as report on the current fishing conditions, weather forecast and appropriate fishing techniques. You will also receive your rotation plan (fishing schedule) for the week. Any special announcements like BBQ's or gatherings will be outlined as well.

At the Lodge we will disinfect your tackle and meet your guide (in case you have booked one), and of course the other fishermen/women and the NFC Team.

## The Schedule

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### Upon Arrival – Sunday Schedule

- **15.00-16.00 hrs.** Arrival at the Lodge is ideal. Move into the accommodations (Lodge or country houses). In case you are unsure about the location of your Country House or your lodge room, please contact any of the NFC staff and we will show you around.
- **18.00-19.30 hrs.** Welcome dinner and our general meeting at the NFC Lodge and discussing rotation plan, techniques and tactics, meeting the other participating fishermen/women.

### During the Fishing Week

- **NFC office / Fly Shop hours:**

The office/fly shop is open at all times during the day when NFC staff is on site. The fly shop can be accessed from breakfast until 10am, and again from 18.00 until after dinner.

As we try to spend as much time as possible with you on the water the guaranteed opening hours are limited to: Monday to Saturday 17.30-18.30h, Sundays from 11-20h, when the lodge is open.

However, if you need anything urgent, please call Daniel Stephan or Thies Reimers and they will come over and open the shop for you. You can also just stop by the Lodge on your way to the beats and often you will find one of us at the office/shop.

- **Fishing Rules / Information:**

All fish should, if possible, be measured and photographed or if kept shown to the NFC staff. Bring the fish to the Lodge where we keep our special fish cases/tubes and freezers. Two scale- samples should be taken (in case the fish is killed). All fish should be weighed, measured, and recorded for our fishing records, including any released fish should be measured (length and girth if possible) and photographed. This is important for our catch statistics; you will find the catch report at the Lodge.

You have to register every fish caught in the APP Elveguiden within 4 hrs after the catch.

- Landowners might fish sometimes themselves with tackle of their choice.
- Poaching must be reported to NFC staff immediately!
- Please carry your fishing license and disinfection certificate with you at all times.
- A photograph of all caught fish including released ones needs to be taken if possible.
- It is strictly forbidden to walk on or over the railroad. Please use the official marked crossings and paths only!

At NFC, the guides are allowed to fish on the “Free for all Beats” and “NFC” rods marked on the rotation, after their daily work. Guides know to respect guests, and will never fish any guests water unless they get an invitation to do so, and will always vacate free for all water for guests after fishing through.

We ask you to fish in harmony with any anglers fishing on the opposite side of the river. Never start to fish in front of (down river) another angler, even if he fishes the opposite side. Please be friendly to riparian land owners who might be fishing any time with tackle of their choice, as they have the right to fish (*although it hardly ever happens*) and we should not forget that we are their guests. Thank you.

## Prior to the Departure

NFC Lodge/houses should be left on the final Sunday latest at 12.00 hrs. Please do not forget to fill gas in the rental car before return at the airport (to avoid additional charges).

**\*Please return your room keys and settle up with us at the office before leaving.**

# How to Get to the NFC

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## Arriving by Plane

All guests who arrive at Trondheim airport and who are picking up a rental car from the rental car desk of your choice, please take note of the following points:

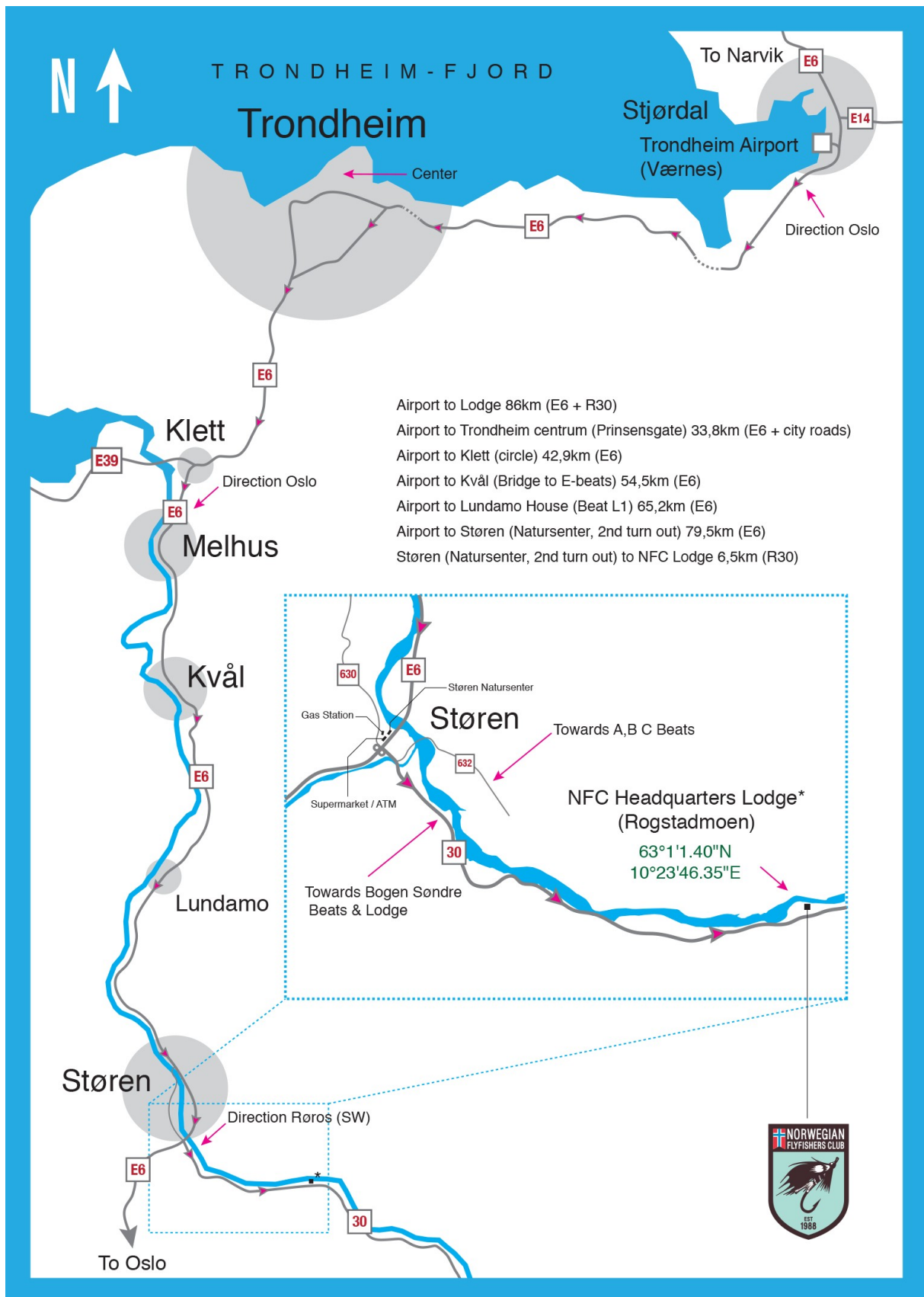
- 1.) Please inform us of the arrival and departure times and flight numbers as soon as possible so we can make arrangements with the rental car hire staff, in case we shall help you with a reservation. The desk is not always staffed and arrangements may have to be made to ensure someone is there to meet you. The best deals you will get online if you book directly, not via us at NFC.
- 2.) On arrival at Trondheim airport please go straight to the rental car desk where you will receive your vehicle and follow the directions provided to the NFC lodge (see below).

- 3.) Passengers coming on International flights via Oslo to Trondheim have to collect their luggage in Oslo, clear customs and re-check the luggage in again (just a few meters to go) for the last part of the trip to Trondheim. This is very important as if forgotten it might cause delays of the luggage up to several days – so please do not forget!
- 4.) If you have a connecting flight to Trondheim after your first flight (common is via Amsterdam, Copenhagen, Oslo or Stockholm) make sure you have a minimum of 2 hours time to change flights to make sure your luggage will be transferred to your connecting flight. If luggage gets lost, it most likely will take a minimum of a full day or two until it will be delivered to the Lodge. Therefor please allow sufficient connection time for multi-leg flights.
- 5.) It might be the best to fly to Oslo and drive up from Oslo airport straight to the Lodge. The chances of missing connections or missing luggage is minimized and the drive from Oslo is 4,5 to 5 hrs only (from Trondheim airport it's still 1hr drive and the extra time of the connection flight which one has to consider).

## Getting to the Gaula and NFC from the Trondheim Airport

Driving from Trondheim Airport (located at Stjørdal/Vaernes), take the **E6** signposted for **TRONDHEIM**. Before reaching Trondheim, you will bear **left**, staying on the **E6**, and follow the signs for **OSLO**. This road (E6) takes you directly to **STØREN**, from the airport it is approximately 80 km distance. To get to the NFC Lodge take the 2<sup>nd</sup> turn off the E6 at **Støren** (just after crossing the big bridge over the river), then at the off-ramp intersection turn to the **right** heading towards **Røros** on the road number **30**. After about 8km you will see the NFC Lodge to your left, along the river. *The NFC lodge is a large wooden building, with a grass roof and a sign for "Norwegian Flyfishers Club/Rogstadmoen Lodge" on the roadside.*

***See map from Trondheim Airport to NFC Lodge on following page.***



## Coming by Car from the Oslo

We recommend that if driving from Oslo to Støren you do not use the E6 for the whole distance. Instead follow the easier route over the Østerdalen. Take the E6 out of Oslo and follow the signs for TRONDHEIM and HAMAR. Shortly before Hamar, take the road Rv3 to the right for ELVERUM. Upon reaching Elverum continue on the Rv3, which turns to the left for KOPPANG, and continue to ULSBERG, where the road joins the E6 again. At this junction turn right and head for STØREN. (After Ulsberg the route will be marked for TRONDHEIM).

## Travel Documents & Road Tax

A valid international passport is essential when traveling within Norway. Generally, no Visas are required. In case of uncertainty please check with your local consulate.

On some Norwegian roads (e.g. in Oslo and Trondheim) road toll/tax applies and has to be paid. Just drive through the toll station, an invoice will be sent to your home address following the information taken on your license plate.

## Packing List:

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### What to bring

The following is a list of what we recommend for your upcoming salmon fishing trip at the NFC. If you happen to have forgotten something, we have most of these articles in stock in our fly shop at the NFC lodge at very competitive prices. The NFC fly shop is well stocked with all the necessary fishing equipment, and we demo double-handed/spey rods with the best-suited lines and shooting heads. Hire (rental) tackle is available and if you buy a rod and reel outfit from us, we will refund the rental fee. The following suggestions will help you pack the essentials you need for this trip without being burdened by too much baggage. Therefore, the information below focuses on **what** you need and **why** you need it.

### Weather & Landscape

The weather during the short Norwegian summer can be very unpredictable: cool evenings, warm days with rain and even some snow on occasion (early June and late August)! Daytime temperatures will usually fluctuate around 10° to 20° C, but guests should be prepared for cold rain and wind. In late June, July and August we often experience quite warm days over 25° under good weather conditions. To be most comfortable, we suggest layering to meet the conditions.

## The Ideal Clothes

The best travel clothes are lightweight, can be washed easily on the go and are versatile. Savvy travelers usually carry layers of clothing that can be adjusted to the weather, and synthetic/natural blend fabrics are often the best choice. **Fleece or the new generation of fishing clothes such as down jackets** are the preferred material for all of your layering. They provide lightweight insulation, dry quickly and are the choice of veteran anglers who frequently fish in variable climates. **Cotton** has its place, but it does take a long time to launder and dry and should be packed and worn on dry days only. Wool clothing is a fine substitute for Polartec Fleece as it insulates even if damp and dries quickly. **Cotton/Polyester Blends** are extremely popular. They provide protection from the strong sun, dry quickly and offer the comfort of cotton and durability of nylon. Experienced travelers know that it's much easier to deal with **soft luggage and duffle bags** when you're headed off the beaten path. Hard-sided bags take up a lot of valuable space and are best left at home.

## Safety Equipment & Medical Supplies

There is a medical centre in Støren and the medical service in Norway is very good. In a worst-case scenario, a helicopter can fly in within a few minutes to an international top class hospital in Trondheim. Please check if your insurance covers for any medical help you might need in foreign countries. Please advise us of any allergies or pre-existing health conditions.

For eye protection, sunglasses should be worn while fishing. Also, for safety, anglers might consider packing yellow or clear protective glasses for nighttime fishing. Travelers should always pack a kit for such common issues as diarrhea, upset stomach, motion sickness, headache and irregularity, along with prescriptions. Insect repellent can be helpful during the evenings (during prime time there used to be some Midges and mosquitos around). Sunblock is also recommended on the warmer, sunnier days of the season.

## Packing List:

### *Clothing & Accessories*

#### **SHIRTS & SWEATERS**

- Long-sleeved cotton/blend shirt
- Polartec Fleece (100-200 weight) / similar down or puff jacket
- Fleece or wool sweater (Polartec Fleece 200-300 weight) / or similar down or puff jacket
- Fleece jacket (Polartec Fleece 300 or heavyweight wool) / or similar down or puff jacket

#### **TROUSERS & UNDERWEAR**

- Full length / Fleece Under Wader Pants (200 weight)
- Cotton Pants for travel and lodge wear
- Breathable long underwear, mid-weight in both tops and bottoms



## ***HATS***

Waterproof hat with wide brim for sun and rain  
Warm hat for cold weather

## ***RAIN GEAR***

Waterproof & Windproof: Rain and wind are possible on any fishing trip. A technical rain jacket designed for tough conditions is required. Our recommendations are breathable short wading jackets, which are smartly designed with fleece-lined pockets or neoprene cuffs and adjustable hood etc.

## ***FOOTWEAR & SOCKS***

Soft wool/nylon blend: Wader Socks.  
Light walking shoes for the lodge or country houses  
Waders: Breathable Waders in the early weeks. "Old school" neoprene wader can be a good choice for very cold days as well. Regardless of the style you choose, it is imperative the wading shoe have a felt sole. Felt soles offer the best footing on slick river rocks. The addition of a wader belt is required to prevent your waders from filling with water should you fall in. Either boot foot or stocking foot waders are suitable for this region.

## ***WADING STICK***

Wading is normally easy in most of our pools but we recommend a wading stick for all fishermen who have never waded in a fast-flowing river or who are not comfortable/stable while wading.

## ***INFLATABLE LIFE JACKETS***

We recommend inflatable life jackets to all our guests who feel safer with them. To avoid problems with cartridges on the plane we have some jackets available at the NFC Lodge. If you want to bring your own jacket, please inform us in time about the needed cartridges so that you do not have to bring them on the plane. We will try to arrange the right cartridges for you. But generally, wading is not very dangerous and pretty easy on almost all our Beats.

## ***BAGS***

Soft luggage and duffle bags are much easier to handle and pack in remote areas. Some people prefer one large duffle with wheels, others prefer two smaller bags that are easier to handle. We tend to go with two smaller duffels plus a waterproof Kit Bag.  
Large Duffle Bag:  
Daypack, with capacity of about 1500 cu in.  
Waterproof Small Duffle

## ***ACCESSORIES***, required unless otherwise noted

- Pocket knife
- Toiletries kit
- Polarized Sunglasses
- Insect repellent (especially for midges/mosquitos)
- Spare eyeglasses or contacts (if you wear prescription lenses)
- Forceps
- Hook hone for sharpening
- Line snips
- Small nylon bags or plastic baggies to keep small items organized.
- Small locks for luggage
- Camera and extra batteries
- Binoculars, optional
- Cell or Smart Phone + charger + connection cable for PC or Apple

## ***FISHING EQUIPMENT***

We strongly recommend that you take at least one packable rod that you can carry onto the flight if somehow possible. Airlines can and do misplace rods. If they do not arrive with you in Norway, we have hire (rental) tackle available (rods, reels, lines, waders).

We recommend 14-16ft /9-12 weight double-hand rod for fishing in June and early July to be able to handle heavy sinking lines. The 15 or 16-footer helps you to get a good distance in your cast, which is an important factor during this period. During spring months with high water levels and low water temperatures most anglers' fish with sinking lines and large tube flies. Copper tubes or a sinking leader can help to get your fly down. A common length for a fly during that period would be 5-12cm. Later on, in the season, or rather from the beginning of July, it is preferable to fish with smaller rods. A 13-14 ft. rod would be a good choice and some people even fish with smaller double hand rods or even single-handed rods in the upper reaches of the river or in lower water conditions. As the season progresses with falling water levels and a rising water temperature the flies get smaller and floating lines should be used. Successful flies during that period are micro tubes as well as double hooks in tradition patterns.

***Rods:*** 4-piece rods are easier to handle in airports.

14, 15 or 16 foot rods 9-12 weight.

Sea trout and smaller salmon can also be fished with a single handed in 9 foot 8 weight or a shorter two-handed rod 12.5-13.5 ft, 7-8 weight.

***Reels:*** Reels should be high quality, for example disc-drag models loaded with a minimum of 200 yards of backing (high quality, minimum 30 lb. breaking strength). We strongly urge you to be comfortable in disassembling and reassembling your reels should any field adjustments be required.

***Lines:*** All should be mounted on extra spools along with adequate backing. To achieve the needed distance most fishermen use modern shooting heads or Skagit systems with running line or monofilament shooting line. Please bring lines from floating to fast sinking to match all possible water conditions. Poly-leaders can also come handy in some situations.

Floating  
Intermediate  
Sinking  
Fast Sinking

*\*We have a full selection of shooting heads in the NFC fly shop should you need a specific line.*

### **Leaders:**

Leaders should be between 9 and 16 feet long. The strength of the right leader depends on the water level and the pool you are fishing. During high water situations we need tippets up to 40 lbs. although 30 lbs. would be suitable in most situations and lower water conditions, we barely use any leaders below 20lbs breaking strength as Gaula salmon are simply too strong.

### **Flies:**

**These days, tube flies with treble, double or single hooks are standard in Scandinavia. Under low water situations hook flies down to size 12 are normally used.**

**We have a wide variety of flies tested on our water and tied to our own needs in stock.**

**After some years of testing we truly recommend Ken Sawadas Tube Fly Treble and double hooks which we also have in stock (nowadays Guideline)**

- Temple Dog, all sizes (often called Phatakorva nowadays)
- Collie Dog
- Sunray Shadow, all sizes
- Thunder & Lightning, tubes & doubles
- Green Highlander, tubes & doubles
- Greenlander tubes & doubles
- Black & Orange, tubes & doubles
- Banana tube flies
- Black Green Highlander tubes & doubles
- Red or Orange tube flies for the early season or floods
- Garry, large tubes
- Willie Gunn, large tubes
- Silver Grey tubes & Double 4, 6, 8,
- Arndilly's Fancy Double 2, 4, 6, 8,
- Munro Killer Double 2, 4, 6, 8,
- Silver Stoats Tail Double 2, 4, 6, 8, 10
- Shrimp Fly Double 4, 6, 8,
- Hairy Mary & Blue Charm Double 4, 6,
- Lemon Grey Double 2, 4, 6,
- Akroyd Double 2, 4, 6,
- Jock Scott all sizes
- Nowadays micro tubes are successfully on the Gaula as well
- Hitch Flies in different colors
- Bomber

We have all the “fishy” flies in stock at our fly shop and our guides are happy to help you to pick the best ones according to the present fishing conditions. It is not necessary to buy flies before you arrive – local patterns seem to be the best choice on the Gaula.

## Miscellaneous

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### Catch & Release and Fishing Regulations

We strongly encourage Catch and Release or Live Release and focus on correct handling of the fish for minimal impact. Never handle fish longer than necessary to reduce the stress on the fish!

Therefore, it is vital that you make an early decision whether you want to keep the fish or you want to release it. If you want to release it, you should play the fish rather hard and thus minimize the time the fish is under stress. Best practice for catch and release is to keep the fish in the water, in a landing net (located at all beats), remove the hook and quickly as possible, measure the fish while in the water, and take a quick photograph of the fish only partially out of the water-making sure the gill plates are still submerged. Take a picture if you like to and quickly return the fish to the water facing upstream. The current will push well-oxygenated water through the fish’s gills and help it recover quickly. Do not lift the fish out of the water holding it by the tail if you want to release the fish as this can cause serious damage to the fish’s spine. In case you have a guide with you he will help handle the fish and take a picture for you.

- Bag Limit:**
- 1 salmon per Fisherman per Day
  - 2 salmon per week
  - 4 salmon per season (only 1 salmon over 80cm)
  - All salmon over 95 cm on NFC waters have to be released
  - All female fish must be released in July and August
  - Seatrout are protected
  - Brown Trout are protected
  - Once a fish has been killed the fishing has to be stopped until midnight
  - C/R is limited to 3 salmon a day.
  - Regulations might change; you will get the latest version upon arrival

*If you want to keep your fish, we have good connections to a local smokehouse where you can get you salmon smoked, graved or filleted, all vacuum packed for easy transport.*

### Currency

The currency in Norway is Norwegian Kroners (NOK). Visa and Master Card are widely accepted just like common Bank account cards. There is an ATM in the town center of Støren, or close to the central gas station there is another ATM.

*\*AMEX does not work in our Lodge and is not commonly accepted in Norway.*

## Guides & Gratuities

Our guides are very professional and can be booked prior to your trip. You can book a guide for a whole week or just a few days. The guiding costs are EURO 1.500 for a whole week (approx. NOK 17.000) and EURO 300 (approx. NOK 3.400) for one day where a working day is usually limited to 8 hours. We strongly recommend booking a guide, particularly for first time visitors, but also for experienced fishermen who want to improve upon their casting techniques or knowledge of the river. Saturday from 18hrs to Sundays at 18hrs our guides are off from work.

Gratuities are not included in the cost. Gratuities are discretionary, based upon how you enjoyed your stay and the service provided. Just to give an rough idea: Guides usually receive a Tipp of 200 to 500 USD/EUR, depending on extra hours (the guide are supposed to work 8 hrs per day) For the Lodge staff we recommend 200-400 USD/EUR per room/week (Lodge Tips should be handed to Lodge management by end of the stay, it will get split equal between all Lodge employees.)

## Frequently Asked Questions (FAQ)

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### 1. Which airport to fly into?

You fly into Trondheim Airport. Some airlines now offer direct flights to Trondheim as well. Please check for cheap flights [www.norwegian.no](http://www.norwegian.no) or [www.flysas.com](http://www.flysas.com) or [www.klm.com](http://www.klm.com) or [www.lufthansa.de](http://www.lufthansa.de)

Most flights to Trondheim are via a connection through Oslo, Copenhagen or Amsterdam. From there the flight to Trondheim lasts 1 to 2 hours. By car, the Trondheim Airport is 1 1/4 hour away from the Gaula (Støren center). Make sure you have enough time between your connecting flights (about 2 hrs minimum) to lower the risk of misplaced luggage. Lost luggage will often be delivered with 2 days of delay!



Another option is to fly to Oslo and drive up North, its only 4,5 to 5 hrs and could be a great option to minimize missed luggage or connections.

### 2. How does the rotation fishery work?

Anglers at NFC normally fish in pairs (see Question 3), with each pair being assigned various beats every day. Our main fishery is the group of rotating beats between Rognes and Kvål. It is an exclusive fishery where pairs of fishers move through a large number of excellent and varied pools in a rotation of 6 hours. During the 6 hours the beat is exclusively allocated to this pair of fishermen. In this way you ensure maximum chances during your stay as these beats are spread over

a big part of the river and include a variety of pools to suit all types of conditions. You can go out and fish whenever you feel for it during your stay with us, on the Gaula the fishing is permitted 24 hours per day.

### 3. What if I want to fish alone?

For anglers who wish to fish alone during their sessions, we do have a single supplement option available for an additional fee. This option is normally only available when you make your reservation. If you want your own rotation (normally it is 2 rods per Beat), you will need to pay the 2nd rod.

### 4. What are the best arrival and departure times?

Our fishing week starts on Sunday at 18.00 hours, following our Welcome Dinner and Meeting (18.00). An ideal arrival time would be in the early afternoon of the arrival Sunday. The fishing week ends on the following Sunday, 12 o'clock (noon), so an ideal departure would be at midday of the departure Sunday.

### 5. Can we hire/rent or buy tackle?

The NFC offers hire (rental) tackle at competitive prices. We have rods, reels, waders and complete outfits. The NFC has a small fly shop in the NFC Lodge, where you will find all the fishing equipment you need to fish the Gaula. If you are not fully equipped, it is not a problem, we can help outfit you with the right tackle. We have a good selection of the best local flies, Patagonia clothing and gear, several rods and reels, all weights and sinking rates of lines, leaders and hooks – basically everything you would need for fishing on the Gaula.

### 6. Can we hire/rent a car?

A vehicle is essential as our fishing is done by a rotation principle where pools and beats are spread over a big part of the river. The best option is to book your rental car online and book it through your credit card. We can also help reserve a rental car from the airport; please inquire if you would like us to reserve a rental car for you. A rod holder will be provided at the NFC lodge for your stay.

### 7. What can non-fishing persons do?

Trondheim offers many cultural and tourist attractions, as well as good shopping opportunities. There are also good bathing beaches situated at the head of the Trondheim fjord, or at the monk's island "Munkholmen". The cultural heritage site and mining town of Røros is always worth a visit. Hiking and mountain sightseeing in breathtaking nature is possible as well close to the Gaula. The local tourist office in Storen is always ready to help.

*But we recommend for non-fishing person to book an extra hire car, to be independent from the fisherperson in the group and to be fair the area is not that interesting for someone searching entertainment.*

### 8. Are guides available?

Yes, the NFC works with a team of very competent professional guides who are all accomplished fly fishermen, speak English and are always ready to help. You can book a guide for one or more days, or a whole week. Please make sure to book the guide in advance, ideally as soon you confirm your booking to make sure we have a guide available.

### 9. Is it all "fly-only"?

The NFC beats on the Gaula are completely fly fishing only. But we have opposition fishing on some pools and various tackle might be used there at times.

## 10. Other fishing alternatives? Trout and Sea fishing?

If you would like to take a trip into the mountains around Støren for trout, the NFC can organize a guided trout trip to idyllic mountain lakes (please contact us in advance), but the Trout fishing has been pretty poor the last years, so it might not be that big of interest. Most useful tackle is a single hand rods in 4-6 weight. As well as the Trondheim Fjord, which is not far away, if you would like to take a spinning rod with you, you can have nice fishing even without a boat, for different types of sea fish, as well as with a fly rod. We can also help organize charter fishing out of the Trondheim fjord with various captains.

## 11. When does the Gaula salmon season start and end?

The season on the Gaula River starts every year on the 1st of June and ends on the 31st of August.

# Further Questions?

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## *Prior To Your Stay*

Please take a look at our website [www.nfc-online.com](http://www.nfc-online.com) for more information about the different beats and pools. You will also find some interesting video footage as well as updates regarding the current fishing situation.

Should any additional questions come up please refer to the NFC Office and we will be happy to answer your questions promptly.

## Norwegian Flyfishers Club

**Office Norway:** (during the season 1st of June to 31st of August)

Phone:

Daniel Stephan +47-9486-9377

Email: [info@nfc-online.com](mailto:info@nfc-online.com)

**U.S. Contact:** (Vermont, Eastern Time Zone)

Phone:

John Bleh 802-362-5340

Email: [john@nfc-online.com](mailto:john@nfc-online.com)

## Address:

Norwegian Flyfishers Club AS  
Rørosveien 723  
N-7295 Rognes  
Norway

## During Your Fishing Week

During your stay in Norway you might want to contact us directly via cell-phone (+47):

|                        |                |
|------------------------|----------------|
| <b>Daniel Stephan:</b> | 948-69377      |
| <b>Per Arneberg:</b>   | 988-81895      |
| <b>Thies Reimers:</b>  | +49 1755106140 |

## Sate Fishing License

You will need to buy your Norwegian State fishing license for salmon/seatrout for 2023. Please purchase your personal license (individual fee) at the following link for NOK 310,-

<https://fiskeravgift.miljodirektoratet.no/betal?Length=4>

In case you need explanation, here is a video how to buy the State fishing license online:

<https://youtu.be/YmBb-ylvPM0>

## Gaulakortet (Gaula River Card)

Since 2022 we also need to ask you to register at “ELVEGUIDEN” – and buy your “GAULAKORTET” (Gaula River Card). With the Gaulakortet you will automatically pay your disinfection certificate. Please download the App “ELVEGUIDEN” at your Appstore. After logging in you buy your Gaulakortet.

When at the Lodge, after disinfection, we will upload your generated QR into the ELVEGUIDEN administration register and mark it as “disinfected”.

Also all caught fish will need to be registered by yourself via your registration at the “Laksebørs” at ELVEGUIDEN (very easy with the App) – we as NFC sadly cannot do this for you anymore as it is all personal information. You will need to choose the correct Beat Name at the register, scroll down to the Beat you have actually caught the fish and register it there. Make sure you register your caught fish on the right Beat. If you are unsure- please ask us and we will advice.

Link to register at ELVEGUIDEN (or best is to download the APP for your phone):

<https://elveguiden.no/no/elvekort/25>

Here is a video how to purchase your Gaulakortet with the APP via your phone:

<https://youtu.be/F8mmNjFqivQ>

Please make sure you have internet access on your phone while while in Norway. You will need it!

## Directions Google

We also have prepared a “GPS” link for you in google maps! Please download the “googlemaps” App to your phone – and then open the link, you will see it is very useful and simple. Our link will guide you to the Lodge, all Beats, Parkings, country houses, and places of interest you might need while your week at NFC.



As well we have our river guide as PDF which explains where to fish, the hot spots and where the borders are and so on (also seen on Googlemap link). We won't have a print version anymore for 2023– please check in advance how it works, it is actually super convenient to use if you once know how it works.

[https://www.google.com/maps/d/u/0/edit?mid=1T59hyMesAFfLM7l1JpRzErvR\\_U0\\_WMTq&usp=sharing](https://www.google.com/maps/d/u/0/edit?mid=1T59hyMesAFfLM7l1JpRzErvR_U0_WMTq&usp=sharing)

## **RIVER GUIDE**

<http://nfc-online.com/wp-content/uploads/2022/06/NFC-Guide-2024.pdf>

Please make sure you get all the digital steps done before your arrival at the Lodge/NFC.