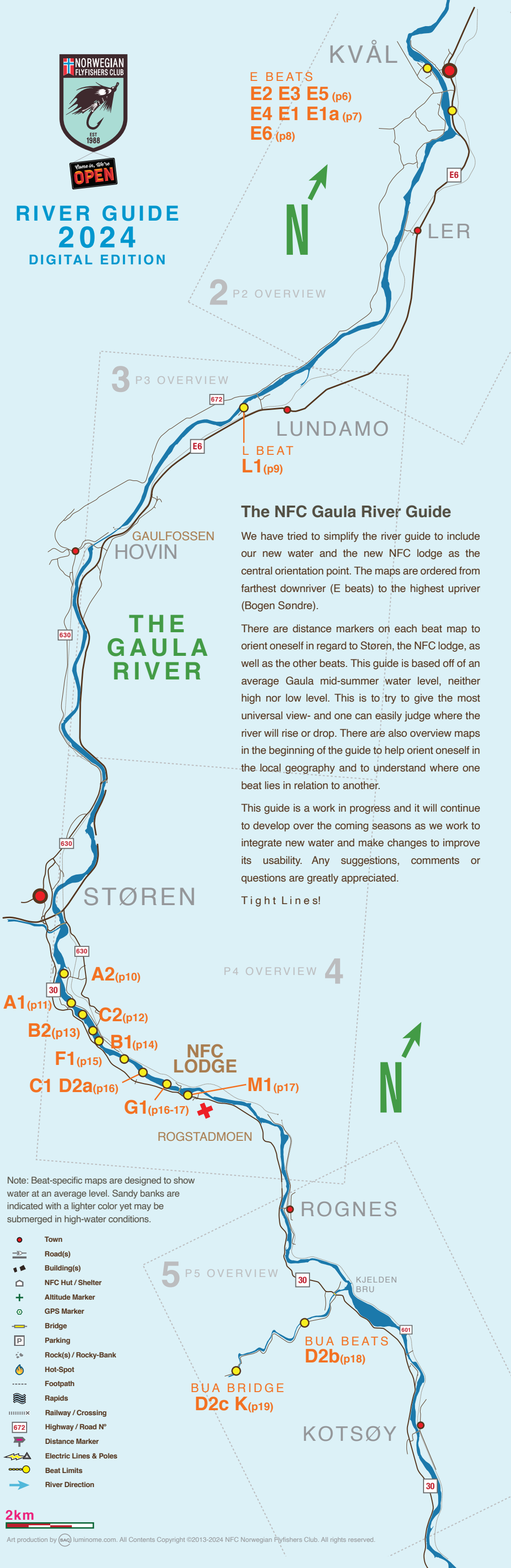




RIVER GUIDE 2024 DIGITAL EDITION



The NFC Gaula River Guide

We have tried to simplify the river guide to include our new water and the new NFC lodge as the central orientation point. The maps are ordered from farthest downriver (E beats) to the highest upriver (Bogen Søndre).

There are distance markers on each beat map to orient oneself in regard to Støren, the NFC lodge, as well as the other beats. This guide is based off of an average Gaula mid-summer water level, neither high nor low level. This is to try to give the most universal view- and one can easily judge where the river will rise or drop. There are also overview maps in the beginning of the guide to help orient oneself in the local geography and to understand where one beat lies in relation to another.

This guide is a work in progress and it will continue to develop over the coming seasons as we work to integrate new water and make changes to improve its usability. Any suggestions, comments or questions are greatly appreciated.

Tight Lines!

Note: Beat-specific maps are designed to show water at an average level. Sandy banks are indicated with a lighter color yet may be submerged in high-water conditions.

- Town
- Road(s)
- Building(s)
- NFC Hut / Shelter
- + Altitude Marker
- GPS Marker
- Bridge
- Parking
- Rock(s) / Rocky-Bank
- 🔥 Hot-Spot
- Footpath
- 🌊 Rapids
- 🚂 Railway / Crossing
- 672 Highway / Road N°
- ➡ Distance Marker
- ⚡ Electric Lines & Poles
- Beat Limits
- ➡ River Direction

2km

2 KVÅL

KVÅL BEATS BELOW GAULFOSSEN



3 LUNDAMO

L1 (9)
LUNDAMO POOL

E2 E3 E5 (6)
← E4 E1 E1a (7) E6 (8)

E6

KVÅL 10.3 K

LUNDAMO

+
33 M

L1 (9)

STØREN 15 K

Løbergsvegen

Grinnivegen

E Beats & L Beats
(Below Gaulfossen)

GAULFOSSEN

All Other Beats
(Above Gaulfossen)

1000m

+
40 M

+
55 M

E6

HOVIN

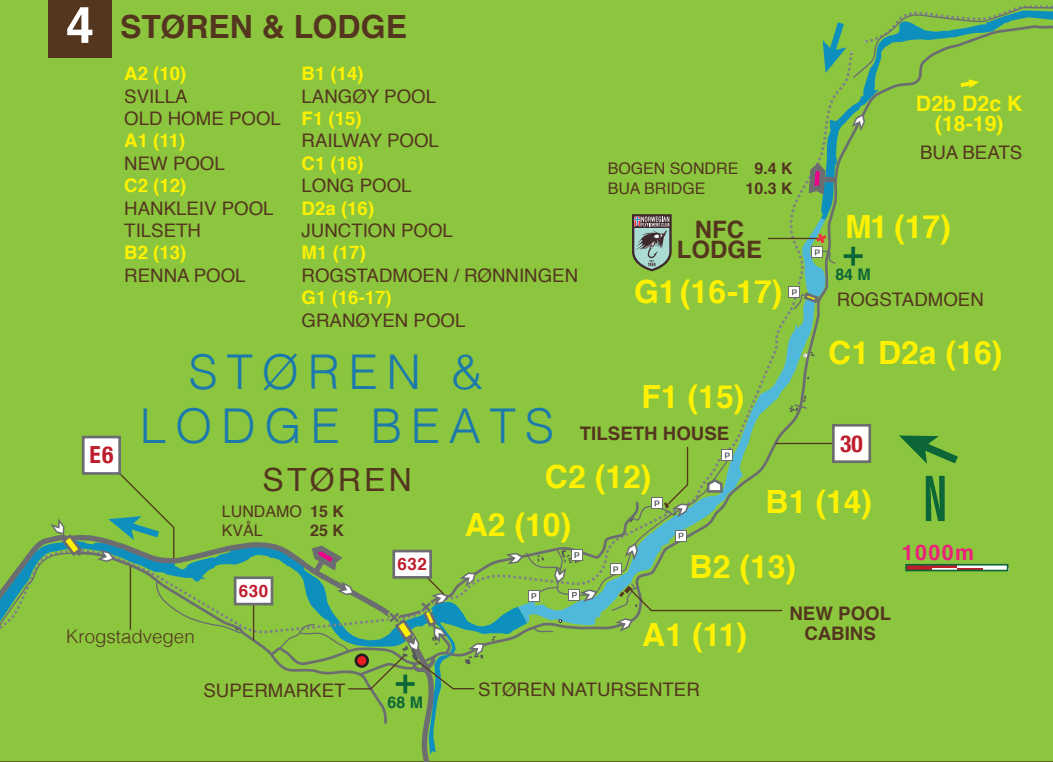
Krogstadvegen



4 STØREN & LODGE

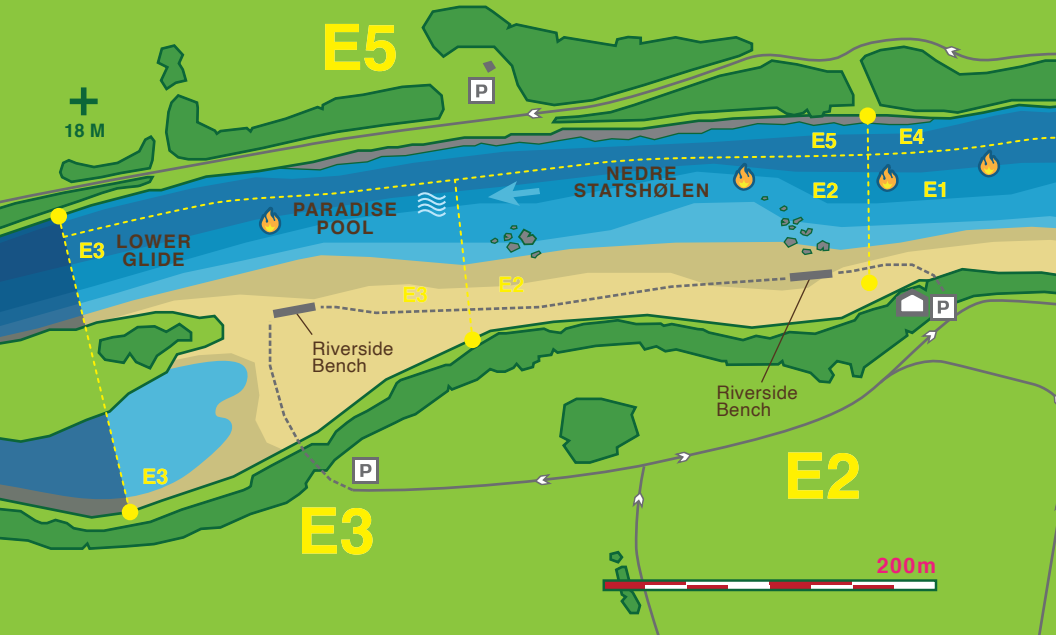
A2 (10)	B1 (14)
SVILLA	LANGØY POOL
OLD HOME POOL	F1 (15)
A1 (11)	RAILWAY POOL
NEW POOL	C1 (16)
C2 (12)	LONG POOL
HANKLEIV POOL	D2a (16)
TILSETH	JUNCTION POOL
B2 (13)	M1 (17)
RENNA POOL	ROGSTADMOEN / RØNNINGEN
	G1 (16-17)
	GRANØYEN POOL

STØREN & LODGE BEATS



5 Rognes & BUA





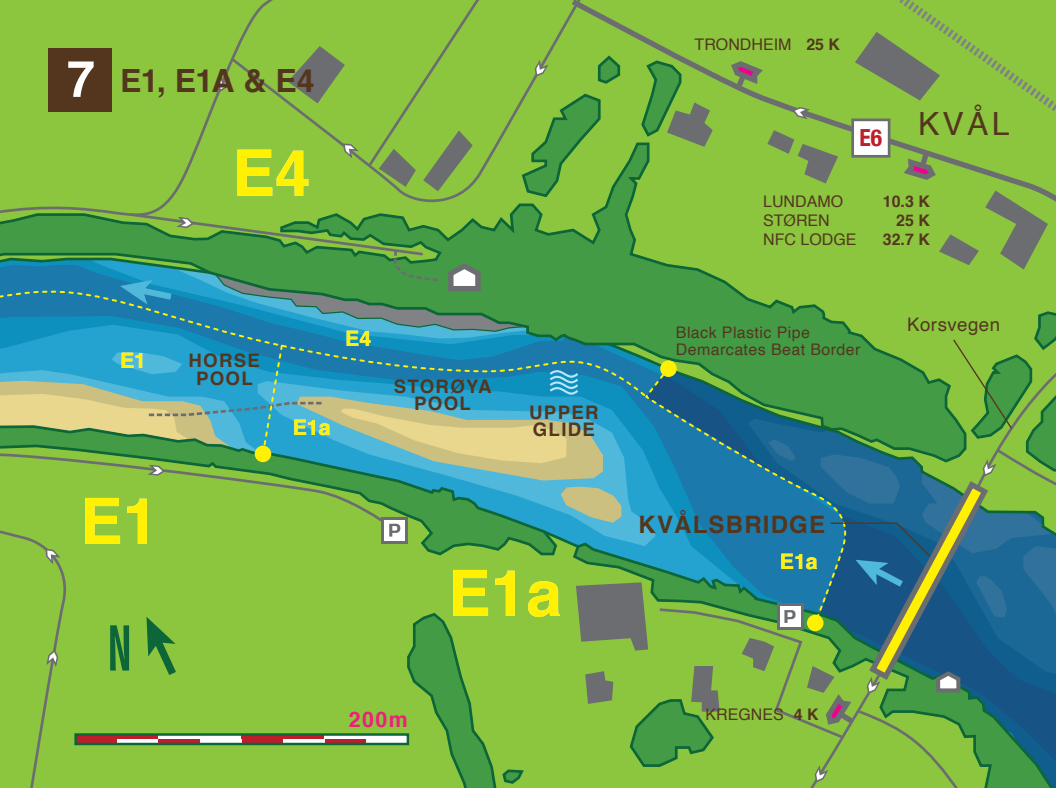
E Beats Below the Kvålsbridge

Located in Kvål, our E- beats are the farthest downriver (Northern most). Following the high tide in the Trondheim fjord, it normally takes 4-6 hours until the first fresh fish are running through these beats. They fish well from the season's start, and although the water can at times have reduced visibility, the fishing is normally great during the early season. Important! Make sure not to wade too deeply, as fish can hold quite close to the bank, and to fish ones drift all the way to the bank, as fish can take in shallow water.

E2: From just below the power lines (E1), all the way downriver to the rapids above E3. E2 is varied with rocks/structure towards the head of the pool as well as towards the tail. Fish often hold at the structure towards the head of E2, as well as the "V" towards the border of E3. Make sure to fish deep enough to touch bottom towards the end of ones drift.

E3: Start at the rapids at the head of the pool. Here one should fish quite deep- as the current is rather slow, one can cast square (90 degrees across the river) and mend upriver to get the fly down. Fish the beat all the way until one reaches the border sign on the opposite riverbank (visible on the opposite/high bank).

E5: Fishes best in medium to low water. Fished from a rock bank (gravel in low water), where left spey casts are most effective. This can be quite a good late season spot.



E Beats Below the Kvålsbridge

E1a: E1a is the Island above Beat E1 and all the way up to the border sign next to the container close to the bridge. E1a was one of the top Beats in 2016. The top part of the island is the most interesting part in medium to low water. You cross the channel at the top of E1, and walk to the top of the island. From there you fish that short tail out water down to the neck of the pool. We prefer fishing it with a medium sinking line or a heavy sink tip to get the fly down to the right depth. The water below the rapids, after the neck is quite interesting as well and has been the new hot spot in the last few seasons.

There is a point across from the old wooden outhouse on the opposite bank, where fish seem to stage up, and are more willing to take. In high water the area around the upper border, just a bit below the white container, is very interesting. Even though the river is very wide, some fish tend to stop very close to our bank.

E1: Starting just below the Island (E1a), fish a bit shallower at the top of the pool to avoid hang-ups, and deeper as one progresses downriver. The main hotspot is near the power lines that cross the lower section.

E4: Fishes best in medium to low water. Fished from a rock bank (gravel in low water), where left spey casts are most effective. This can be quite a good late season spot.



E Beats Above the Kvålsbridge — E6

E6 is a very interesting beat above the bridge in Kvål. This Beat fishes best in medium and low water. From a water level of 150 cubic and below at the Gaulfossen, we are allowed to fish the left bank as well. To fish the left bank, please park your car right next to the bridge in Kvål, at the E1a parking and walk up to the Beat.

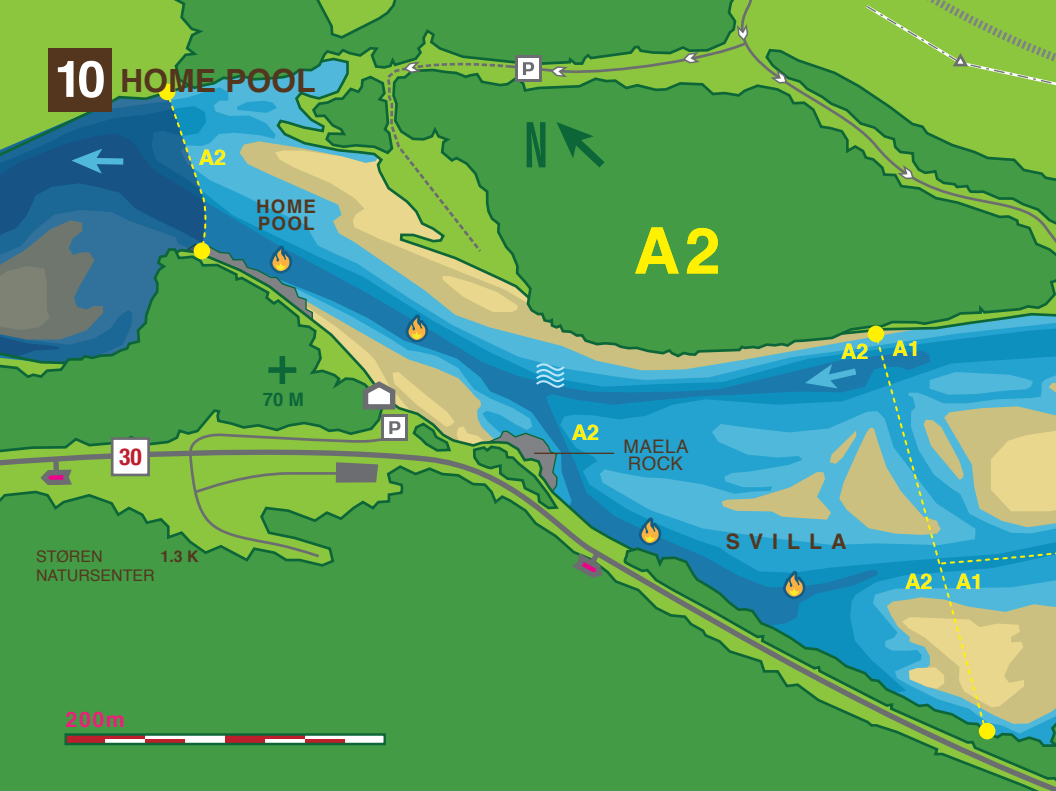
9 LUNDAMO



L Beat — Lundamo

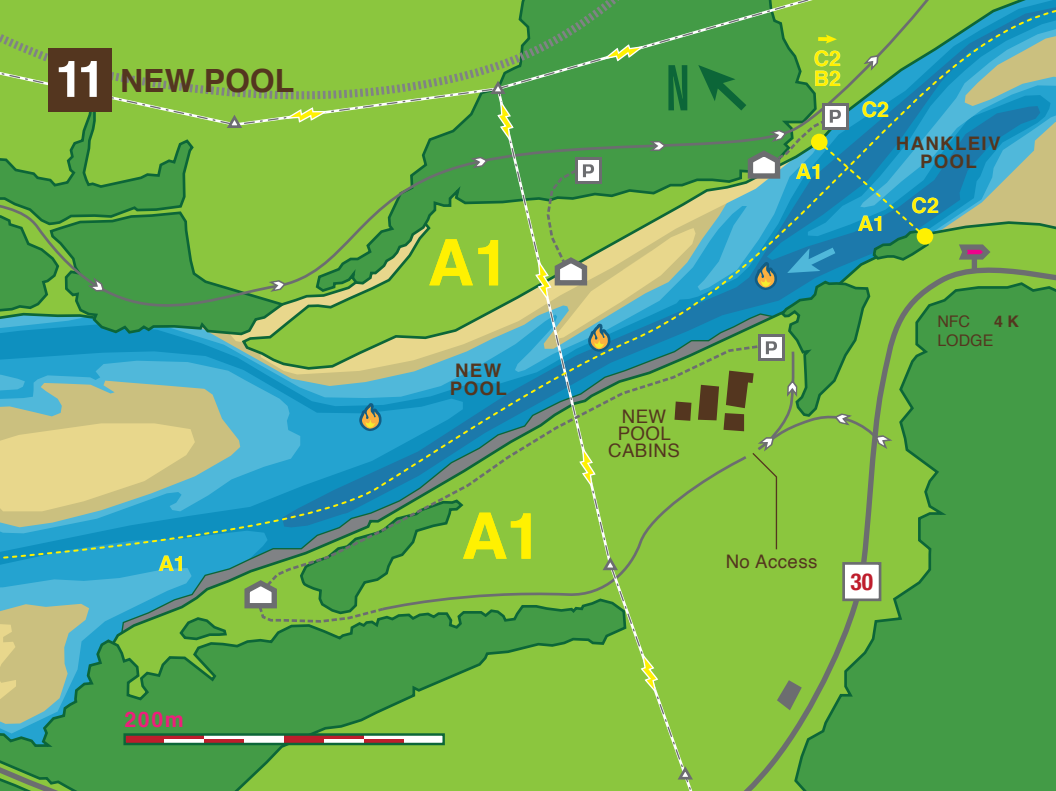
Lundamo is closer to the Gaulfossen rapids and is made up of two distinct sections. The top is a deep channel, running close to our bank, the lower section widens out and is strewn with large rocks. In the upper section, cover the channel with sinking lines. In the lower section, longer casts are needed to cover the middle of the river, and the holding lies around the rock structures. Important! Make sure to stop fishing above the lower border sign (red rock on the river bank/white sign in the forest).

The upper part, when the fish run in the channel (more than 200kmb at Gaulfossen) it is really a great place to pick up some fish with short casts in the channel, either with medium sinking lines or Skagit with heavy tips. Be careful when wading, try to wade as little and be as silent as possible to make sure you do not spook the fish lying close to the bank.also try from the steep right bank, but move carefully so as not to spook the fish!



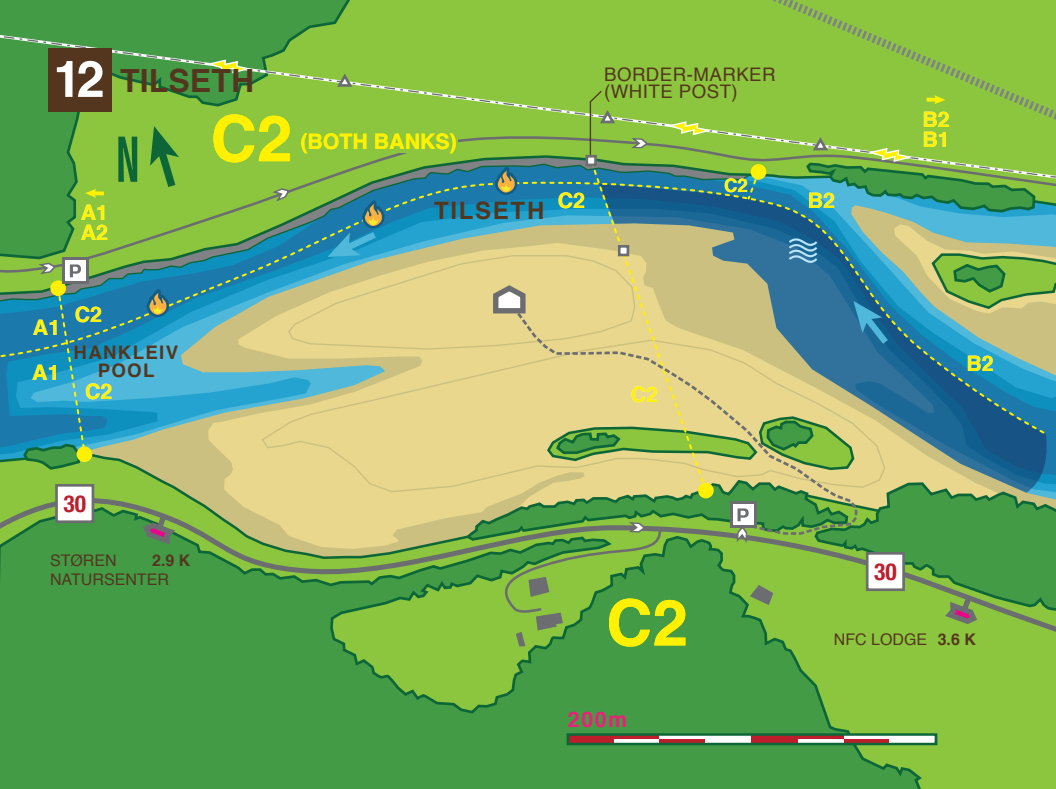
A2 Beat — Home Pool

Svilla / Old Home Pool fishes well in all water levels. Starting at Maela rock and fishing down to the border below, one can clearly see the deep channel. In high water fish hold close to the right bank, so avoid wading deeply. The current is quite fast, so make sure to mend upstream after each cast to slow the fly and let it sink deeper.



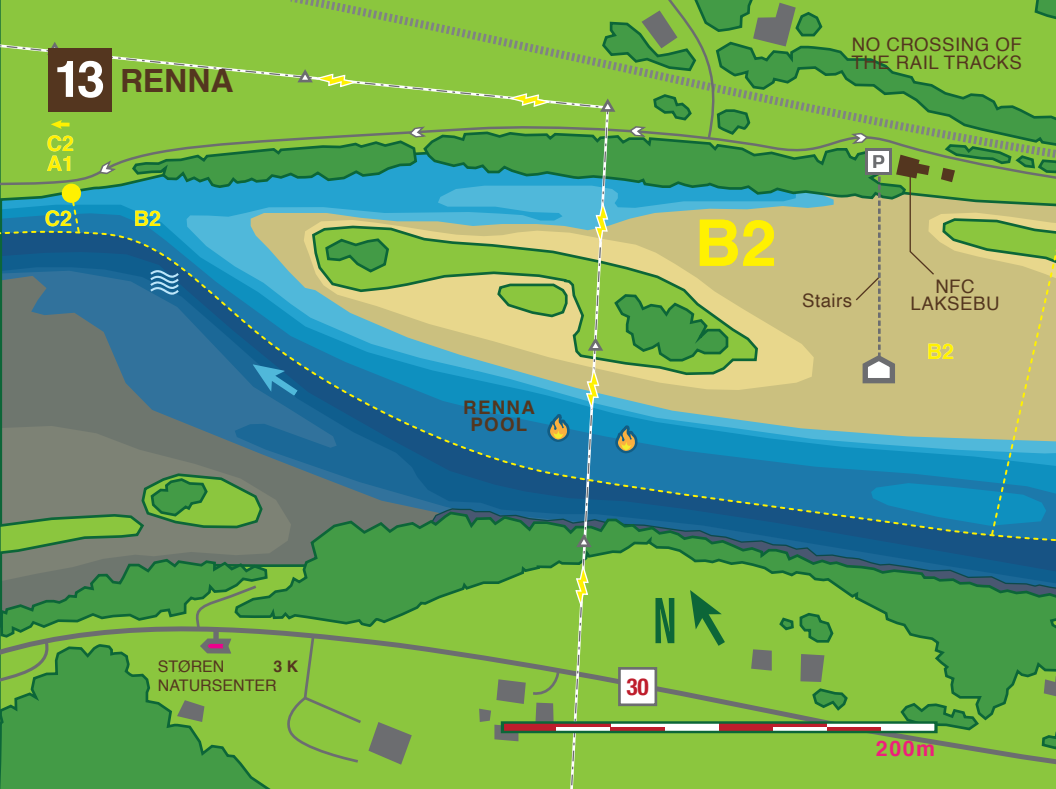
A1 Beat — New Pool

New Pool is a great high water pool, but in the past few years it seems to be fishing better also in lower levels than in the past. The pool is slow flowing, so heavy lines are not necessary. The main hot spot is around the power lines. We also have the opposite bank (left bank), which fishes well in lower levels as well, basically all the way through.



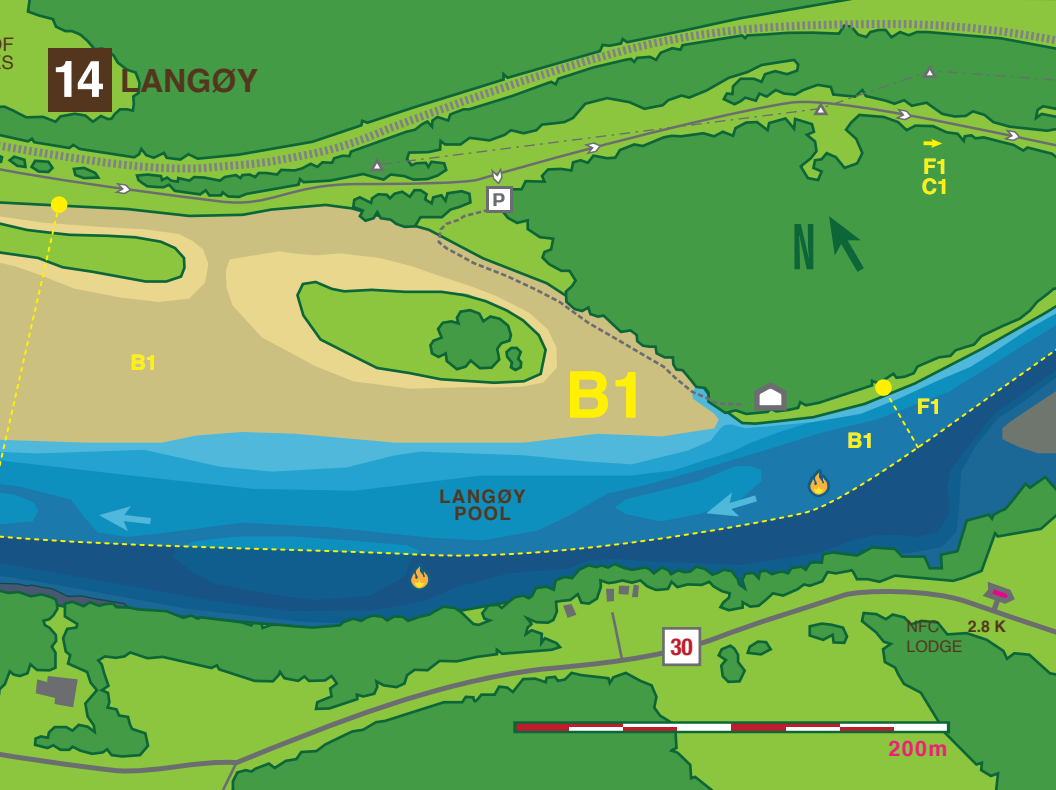
C2 — Tilseth

Tilseth Pool is one of NFC's most productive pools with perfect fly water. Starting at the border at the top, fish can hold from the top of the channel on the far bank all the way to the slack water at the tail of the pool. The pool fishes from quite high levels to very low water, basically all the way through! Make sure to fish it all the way down as the lower part which holds fish from the early season, even in in the slack water when stripping the fly! One can also try from the steep right bank, but move carefully so as not to spook the fish!



B2 — Renna

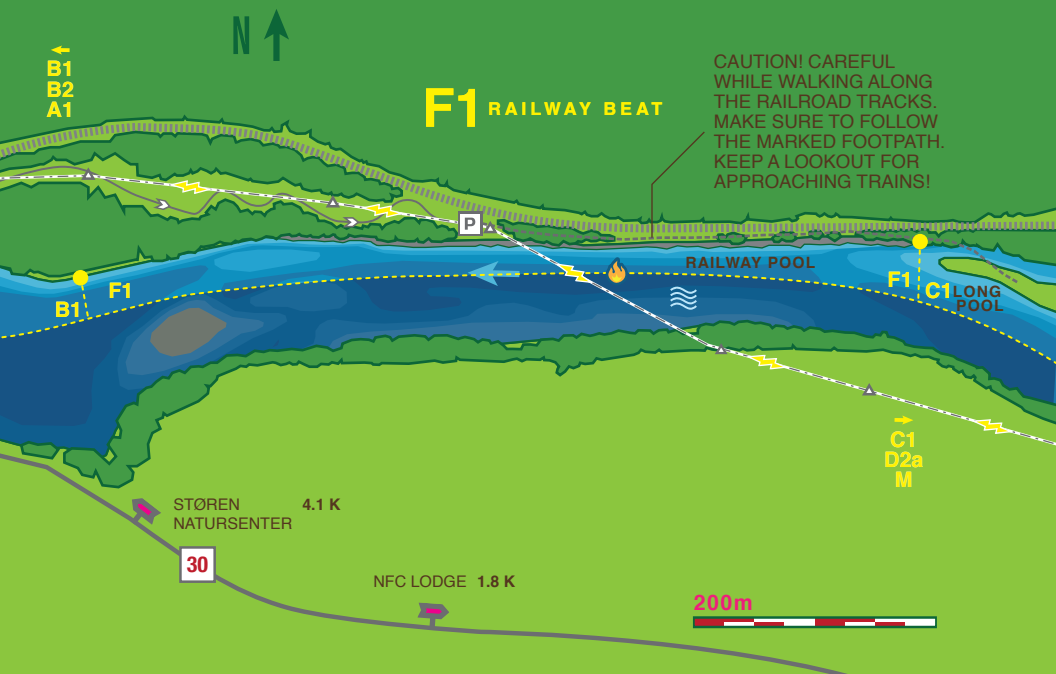
Renna Pool is located just above Tilseth, and directly below Langøy. Access is from the stairs below Laksebu cabins. Renna fishes well from high water levels to lower flows later in the season. Drop in just below the slack water below Langøy. In high water, fish can hold quite close to the bank, so try not to wade too deeply. As the levels drop, fish tend to congregate close to the opposite bank, and long casts are needed to reach the holding lies. The main hot spot is around the power lines; special attention should be given to that area.



B1 — Langøy

Langøy Pool is one of NFC's best "big fish" pools. This pool fishes well in all levels, and holds many large fish throughout the season. Drop in a bit above the shelter, at the rapids at the head of the pool (be careful as the current can be quite strong). Again, as one makes their way into the belly of the pool, try to avoid wading too deeply, as fish can hold close to our bank. As the levels drop later in the season fish tend to congregate at a few different places: the head of the pool just below the rapids above; along the opposite rock bank; and just below the eddy below the hut on the opposite bank. This is a long beat that can be fished all the way down to the top border of Renna. Make sure to fish quickly, taking steps between each cast to cover all the water more than once with different techniques in any given rotation period.

15 RAILWAY

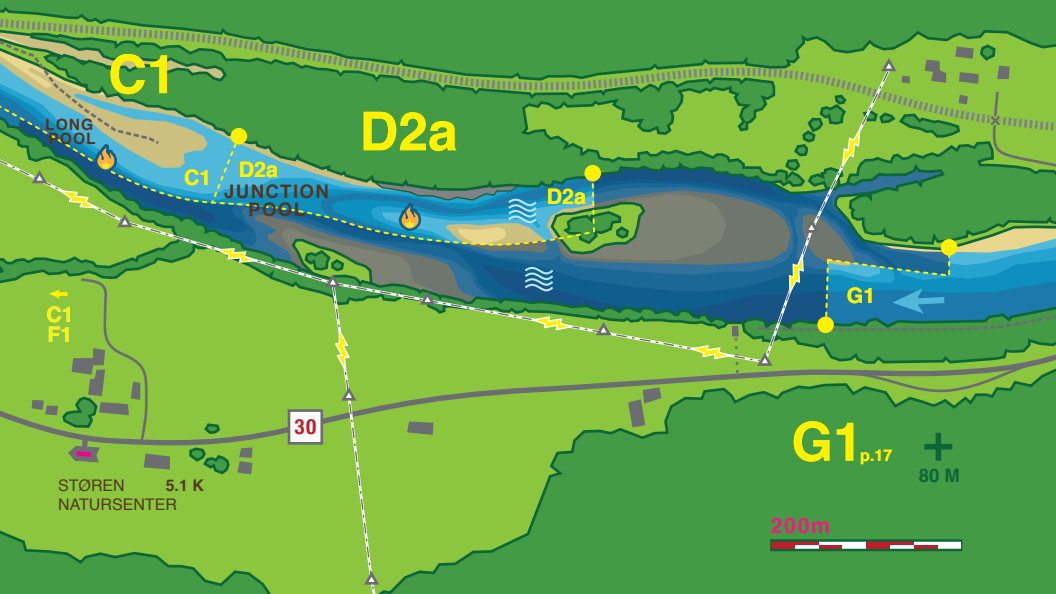


F1 — Railway

Railway Pool is primarily a free-for-all beat, as it is quite a challenging beat to fish, but can produce well. Railway is just below Long Pool and is fished from the steep rock bank. One must be able to left-hand spey or underhand cast to cover the channel here.

It fishes best from medium to lower levels (as in high water the current can flow too fast to effectively fish it). Caution! Railway is quite tricky wading and one is often climbing over rocks to fish it, proceed with caution!

16 JUNCTION

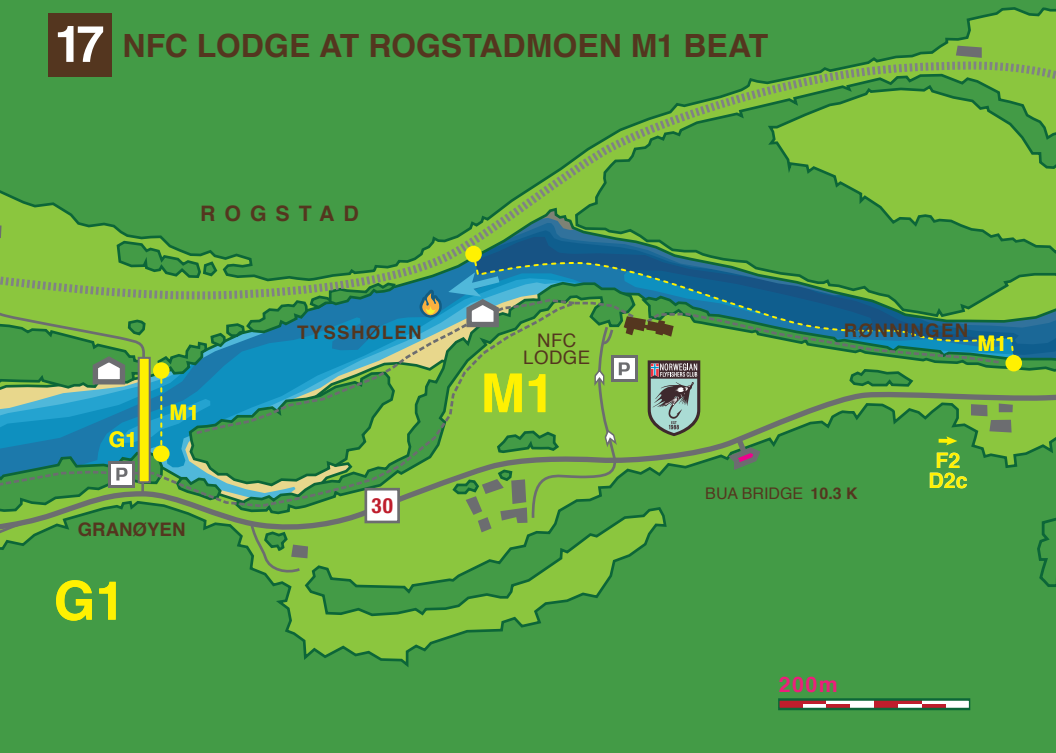


C1 & D2a Beats

C1: Long Pool is one of our most beautiful stretches of fly water that changes dramatically from year-to-year. Access to this pool requires a 5-10 minute walk (past Railway Pool) along the railroad tracks. Caution! Make sure to follow the marked trail and do not walk on the railroad tracks, as trains can approach quickly. This pool fishes best from medium to low water. Start fishing just below the rapids at the head of the pool. Because this pool is quite fast, sinking lines should be used and mended upstream to allow the fly to sink into the prime holding spots. The prime spot is where there is a break in the foliage on the opposite bank. Avoid deep wading as fish can hold quite close to shore.

D2a Junction Pool (right bank): since 2020 we only rent the right bank, the left bank has been too much trouble with border discussions. You can reach the right bank via a small walk through the forest past Beat C1. It's a very nice piece of water in low and medium levels but only for good waders and left hand casters – so please take care when you drop into the river. Do not fish it in high water, it might be dangerous.

17 NFC LODGE AT ROGSTADMOEN M1 BEAT



M1 & G1 Beats

M1: Tysshølen/Lodge Pool fishes well from high levels down to low water. In higher levels, fish tend to hold close to the bank so avoid wading deep. In lower water, as the pool is quite slow flowing, try to fish carefully with smaller flies/floating lines to avoid spooking fish. One can fish below the hanging bridge, to the top of the “Granøyen” Island on the opposite bank.

G1: The new Beat G1 is called Granøyen Beat. The beat fishes well in all water levels and is double bank. In low water the left bank gets interesting. It is a steep bank and wading can be challenging but it fishes well with a floating line with sink tips or similar from basically just below the Bridge to the bottom of the Beat.



D2b — Bua Beat

The Bua Beat (right bank) is new since 2020. It's an exiting addition to our Bua Bridge Pool (D2c) and together it makes the new Bua Rotation Beat. The stretch on the lower part of the Bua are several small Pool which are all fishing nicely in most water levels. Just park at the "P" signs and make your way down to the Pool, fish it and go the next one. You find all "P" signs on the NFC googlemap link which you got via Email.

19 BUA BRIDGE



D2c & K Beats — Bua Bridge

D2c: Bua Bridge Pool (left bank) is one of the top holding pools on the Gaula tributary, the Bua. Located approx. 3.5 km up the Bua river road (right off of Rt. 30), this pool is easily defined under the Bua Bridge.

Begin fishing by descending to the pool above the bridge. There is a rope handle that aids in reaching the stone bank below. Start by fishing from above the bridge — lengthening casts as one's fly swings below the bridge. Since this pool is quite small and wading below the bridge is sure to put the fish down, try to fish as carefully as possible and rest the water between passes through.

K: Bua River is a series of pocket water that stretches above the Bua Bridge. This is free-for-all water, and a good place for adventurous anglers to explore between passes through the Bua Bridge Pool. Starting at the road sign 800 m above the Bua Bridge, fish each “pocket” on the way back down to the bridge.

- 1 fish killed per day, after which fishing must stop until the next day (12:01am the following day).
- 1 fish over 80cm can be killed in the entire season by each angler, 2 fish per week and 4 fish total throughout the season.
- All female fish are protected from July 1st - August 31st, and must therefore be released (we would recommend to always release them).
- Any poaching should be reported to NFC staff immediately.
- Please respect border signs and do not fish outside of NFC borders.
- Sea trout and brown trout are protected throughout the season and must always be released!
- If a fish that according to the rules should be released is bleeding and dying, it must be delivered to the NFC Lodge immediately.

Catch and Release

- NFC is proud to support a catch & release fishery and recommend our guests to release fish. If one so chooses to release the fish, here are a few tips to remember:*
- Once a fish is landed, keep it in the water (facing upstream) while removing the hook, measuring the fish, etc. We have landing nets with scales in the handles at all beats, which can be utilized by a fishing partner to help land/hold the fish.
- Please photograph and measure/weigh all fish to be released.
- Do not lift the salmon by its tail, and try to keep the salmon in the water as much as possible to help resuscitate the fish.
- Keep fish upright in the water until they swim away unassisted, and smile because your released fish will continue to support a healthy Gaula salmon stock!

Fishing Schedule and Rotation Plan

- The schedule is divided into 6-hour rotations during which 2 guests share each beat.
- Please be respectful of the next group and exit the pool prior to the rotation switch.
- It can be a good idea to let a pool rest for an hour or so after another group has finished their rotation. This can often be the difference between a take and a blank.
- Respect fishermen from other beats (who fish in opposition to our beats) and do not drop-in below any other fishermen.
- Do not litter and please bring waste back with you when you're done fishing.
- Firewood and lighter fluid can be found either in a river box or in the river hut at each beat, please feel free to light a fire to stay warm, make coffee or cook pølsers.
- One may observe landowners fishing at any beat at any time with whatever type of tackle they choose. While this rarely happens, they have the right to do so. Please be respectful.

A Few Words...

- The NFC lodge is located just a few km upstream (East on Rt. 30) from Støren. Please feel free to stop by at anytime, as one of us is most often available there.
- Remember, Norway has a strict no tolerance rule for drinking and driving. Please do not take the chance and call one of us to arrange transportation for you.
- If you need assistance or have a question we can help you with, please feel free to contact us:

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